

## Osseous presentation of Hodgkin's disease: a case report and review of the literature

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The bone involvement in the later stages of Hodgkin's disease is an expected phenomenon, but it is very rare in early stages of the disease. About 49 cases of Hodgkin's disease presenting with bone involvement have been reported in the literature. We reported a 14-year-old boy initially evaluated with pain localized at the left ilium. Although all the radiological examinations suggested an osseous anomaly, histopathologic evaluation of the pelvic lymphadenopathies provided definite diagnosis of the disease. We discuss the possible differential diseases and review the literature regarding the osseous presentation of Hodgkin's disease.

*Key words:* Hodgkin's disease, osseous presentation.

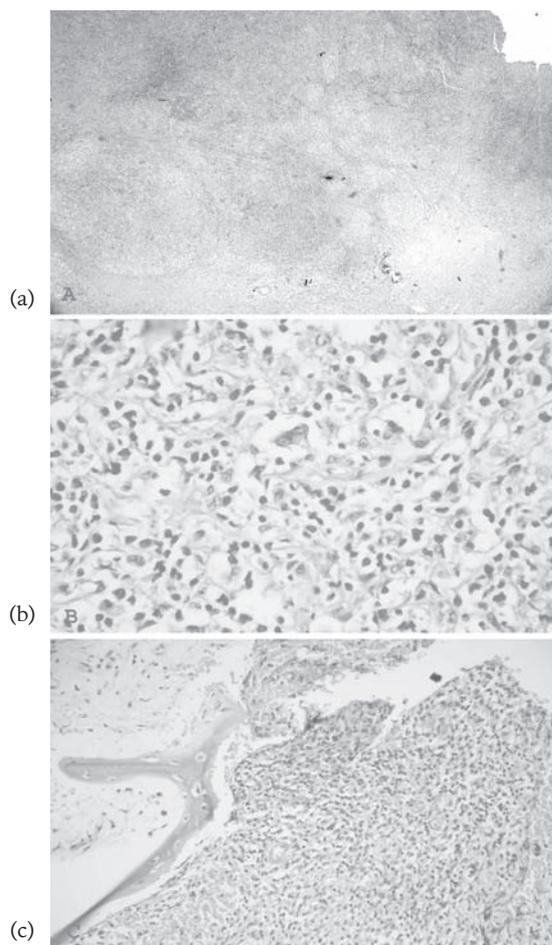
Hodgkin's disease usually presents with lymph node or solid organ involvement, but bone is another possible origin of the disease. In the literature, to our knowledge, only 49 cases of Hodgkin's disease with bone involvement at the very beginning of the disease have been reported, though bone involvement becomes increasingly prevalent at the later stages<sup>1,2</sup>. Here, we report a case of Hodgkin's disease presenting with bone involvement in a 14-year-old boy.

### Case Report

A 14-year-old boy was referred to the Pediatric Surgery Department of Gaziosmanpaşa University Hospital with paroxysmal pain and growing mass in his left hip for two months. There was no family history of lymphoma or another tumor disease. He had no systemic symptoms or weight loss. In the physical examination, there was no lymphadenopathy or any mass palpated on the body except in the left iliac region. Blood chemistry studies were unremarkable, except for sedimentation rate of 81 mm per hour. X-ray and computerized tomography (CT) scan of the pelvis showed a destruction in the left ilium with a soft mass

protruding through the pelvis. Also, in the para-aortic region, multiple lymphadenopathies were detected in CT scan. Technetium scintigraphy revealed hyperemic lesions with lytic and sclerotic areas in ilium.

Frozen examination of bone biopsy performed during the operation was not diagnostic and showed nonspecific inflammatory cell infiltration with extensive myxoid stromal changes and mesenchymal cells in atypical appearance supporting a soft tissue tumor in the iliac bone. Because of the nonspecific diagnosis in frozen examination, the operation was continued to excise the lymph nodes from the pelvic and para-aortic region. Histopathological examination of lymph nodes revealed polymorphic inflammatory cell infiltration separated by fibrous bands. Inflammatory infiltration was composed of reactive lymphocytes, eosinophils, and plasmacytes. In this reactive cellular background, scattered multilobulated and mononuclear Reed-Sternberg cells and lacunary cells were detected (Fig. 1). Reactive cell infiltration and Reed-Sternberg cells were also observed in bone biopsy (Fig. 1). The monoclonal antibodies against CD30, CD15 (LeuM1), CD3, CD20,



**Fig. 1.** A: Lymph node demonstrates effacement of the nodal architecture by cellular infiltrate (hematoxylin & eosin-HE, x10). B: The cellular infiltration consisting of mixed inflammatory cells and Reed-Sternberg cells in lymph node (HE, x40). C: Bone biopsy demonstrating a destructive cellular infiltrate (HE, x20).

and CD45 in both lymph node and bone tissue were used for immunohistochemical analysis. Reed-Sternberg cells showed positive staining for CD30 and CD15; cells were negative for CD45, CD3 and CD20. Histopathological and immunohistochemical features of lymph nodes and iliac bone were concordant with Hodgkin's disease, nodular sclerosis type.

The patient has been treated with adriamycin, bleomycin, vinblastine, dacarbazine (ABVD) chemotherapy for one year. In addition, radiotherapy has been performed for the last three months. The bone lesion regressed and lymphadenopathy was not present in the last follow-up. In the last physical examination, general condition of the patient was good and the patient was in remission.

## Discussion

Bone involvement in Hodgkin's disease occurs in 9% to 35% of the cases. The bone involvement is seen particularly in the later stages, but very rarely at the time of presentation<sup>1-4</sup>. In the literature, 49 cases of Hodgkin's disease with bone involvement were reported at the time of initial diagnosis (Table I). The majority of these cases also had lymph nodes and other organ involvement with bone lesions at staging workup. Age of these cases ranged from 5 to 85 years and the average age was 37.6 years; most cases were adults. Seven cases were determined in the age range of 5-15 years, not including our case. Twenty-six (53%) of the cases were male and 23 (47%) were female. The bones most involved at the initial diagnosis were vertebrae, pelvic bones, femur, humerus, sternum, tibia, scapula, mandible and rib.

In Hodgkin's disease, radiographic evidence of bone involvement is seen in 10-15% of cases<sup>1</sup>. The bone lesions of Hodgkin's disease may be lytic, sclerotic or mixed. Lytic lesions are more common than sclerotic lesions. As the bone involvement may be via hematogenous or direct invasion, the type of spreading can be related with the type of bone lesion. Lytic lesions usually support hematogenous dissemination, whereas sclerotic lesions support direct invasion from adjacent lymph nodes<sup>5</sup>. In the literature, radiological examinations revealing bone involvement at the initial diagnosis were present for 32 of 49 cases. Fifteen of 32 cases (46.8%) had lytic, nine cases (28.1%) had sclerotic, and three cases (9.4%) had mixed lesions. One case (3.1%) had periosteal reaction in his X-ray examination. Radiographs of four cases (12.5%) were normal. Radiological features of lesions were not reported for 17 of 49 cases. In the retrospective study of Ostrowski et al.<sup>1</sup>, although the radiological features of the cases were analyzed, the details were not given individually. They reported in their series that osteolytic, osteosclerotic and mixed lesions were present in 24%, 24% and 46% of the cases, respectively<sup>1</sup>.

The histopathological diagnosis could be obtained in only 22 of 49 cases. Ten of them were nodular sclerosis type Hodgkin's disease and nine cases were diagnosed as mixed cellular type Hodgkin's disease. Only three cases were reported as lymphocyte depletion type Hodgkin's disease. Histological subtypes of

Table I. List of the 50 Patients Reported in the Literature

Case	Year	Age/ Gender	Involved bones at presentation	Other sites	Hodgkin subtype	Radiological feature	Ref.
1	1927	42/M	T4-T8 vertebrae	-	unknown	unknown	1
2	1958	53/M	Left humerus, Left ilium Manubrium	-	unknown	unknown	1
3	1934	58/M	Manubrium	Anterior chest wall soft tissue	unknown	unknown	1
4	1953	50/M	Sternum	Bilateral axillary lymph nodes	unknown	unknown	1
5	1967	30/M	Left tibia	Bilateral cervical lymph nodes	unknown	unknown	1
6	1971	37/M	Right scapula	Right axillary lymph nodes	unknown	unknown	1
7	1980	21/M	Left iliac crest, right sacrum	Para-aortic and pancreatic lymph nodes, T3, T10, L4 vertebrae	unknown	unknown	1
8	1983	32/M	Right femur	Left supraclavicular lymph node, mediastinum	unknown	unknown	1
9	1986	29/F	Right acetabulum, right humerus	Mediastinum, right supraclavicular lymph node	unknown	unknown	1
10	1986	41/M	Right ribs	Right chest wall, intercostal muscle	unknown	unknown	1
11	1986	41/M	T10 vertebra	Lung, T4, T6, L1 vertebrae, cervical, inguinal, para-aortic lymph nodes, spleen	unknown	unknown	1
12	1991	13/M	L1,L4 vertebrae	Mediastinum, lung	unknown	unknown	1
13	1993	51/F	Right ilium	Mediastinum	unknown	unknown	1
14	1996	11/M	Left ilium	Cervical lymph nodes, mediastinum, liver, left ischium, right femur	unknown	unknown	
15	1960	73/F	Right femur	-	unknown	unknown	1
16	1968	34/M	Left humerus	-	unknown	unknown	1
17	1995	61/F	T11 vertebra	-	unknown	unknown	1
18	1987	52/M	T8 vertebra	unknown	NS	Sclerotic	9
19	1987	42/M	L5 vertebra	unknown	LD	Lytic	9
20	1966	21/F	Sternum	Mammary	unknown	Sclerotic	10
21	1972	45/M	Sternum	Right axilla	NS	Periosteal	11
22	1987	22/F	Sternum	Mediastinum, right axilla	NS	Lytic	12
23	1988	14/M	Sternum	Axillae	unknown	Lytic	13
24	1988	19/F	Sternum	Mediastinum	NS	Lytic	13
25	1943	5/F	Left scapula	None	unknown	Lytic	14
26	1987	83/F	Clavicle	unknown	MC	Lytic	9
27	1936	40/M	Left femur	unknown	unknown	Lytic	15
28	1987	30/F	Femur	Axillae, para-aortic lymph nodes	MC	Lytic	9
29	1936	24/F	Left femur	Inguinal lymph node	unknown	Lytic	15
30	1943	27/F	Right tibia	Inguinal lymph node	unknown	Sclerotic	14
31	1993	31/M	Sacrum	None	MC	Sclerotic	4
32	1936	39/F	Left humerus	None	unknown	Lytic	15
33	1982	12/M	Left femur	Spleen	MC	Lytic	16
34	1979	25/F	Left humerus	None	unknown	Lytic	17
35	1996	27/F	Right ilium	Parasacral lymph nodes	MC	Sclerotic	5
36	1996	55/F	Left sacroiliac region	Cervical lymph nodes	NS	Sclerotic	5
37	1996	68/F	Right ilium	Para-aortic, mesenteric lymph nodes	MC	Sclerotic	5
38	1996	24/M	T12 vertebra	Anterior mediastinum, cervical lymph nodes	NS	Sclerotic	5
39	1999	10/M	Right ischium	Spleen	unknown	Lytic	3
40	1997	41/F	Left acetabulum, left femur neck	Inguinal lymph nodes, vertebra, pelvis	NS	Mixed	6
41	1989	61/M	T11,L1,L5 vertebrae	Rib, right scapula, femur	NS	Sclerotic	7
42	1997	60/F	Mandible	Liver, spleen, pleura	NS	Lytic	2
43	1984	34/F	Mandible	Bone marrow, spleen	unknown	unknown	18
44	1992	30/M	Sacrum	Abdominal lymph nodes	MC	Normal	8
45	1992	19/F	Right ilium	Supraclavicular, inguinal lymph nodes	LD	Normal	8
46	1992	34/F	T12,L2,L5 vertebrae, femur acetabulum	Inguinal, mediastinal, lumbo-aortic lymph nodes	MC	Normal	8
47	1992	49/M	L4,L5 vertebrae	Supraclavicular, mediastinal, abdominal lymph nodes, extradural mass, liver	NS	Mixed	8
48	1992	40/M	T10 vertebra, rib, knee	Right psoas muscle, retroperitoneal lymph nodes, bone marrow	LD	Normal	8
49	1992	85/F	Pelvic bones	Mediastinal, abdominal lymph nodes, bone marrow	MC	Lytic	8
50	Pre-sent case	15/M	Left ilium	Para-aortic, pelvic lymph nodes	NS	Mixed	8

MC: Mixed cellular. LD: Lymphocyte depletion. NS: Nodular sclerosis.

Hodgkin's disease in 27 cases were not certain. Thus, nodular sclerosis and mixed cellular subtypes were determined at about equal proportions in the literature. We determined nodular sclerosis type Hodgkin's disease in our case.

The differential diagnosis of Hodgkin's disease presenting with primary or secondary bone involvement is very important. Anaplastic lymphoma or peripheral T-cell lymphoma may show similar histologic picture, but non-Hodgkin's osseous lymphomas, especially peripheral T-cell lymphomas, may cause fibrosis or sclerosis in bone marrow and bone. Furthermore, all these lymphomas also have a significant large cell component<sup>5</sup>. Another entity causing a similar diagnostic dilemma is malignant fibrous histiocytoma of the bone<sup>1</sup>. Osteomyelitis is an important disease in the differential diagnosis. Both clinical and radiological features of osteomyelitis are very similar to osseous Hodgkin's disease. In osteomyelitis, small biopsies are not helpful in the differential diagnosis. In the literature, we determined that many cases of Hodgkin's disease with bone involvement were diagnosed as osteomyelitis at the initial evaluation<sup>1,2,5</sup>. The other entities that should be regarded in the differential diagnosis are eosinophilic granuloma, chondrosarcoma, Paget's disease and primary sarcoma of bone<sup>1-3,5</sup>.

Most of the cases previously reported in the literature were diagnosed before the utilization of immunohistochemical studies. Therefore, diagnosis of Hodgkin's disease may be suspect in these cases. The immunophenotypes of Reed-Sternberg cells and variants are similar for nodular sclerosis, mixed cellular and lymphocyte-depletion types. Nodular sclerosis is the most frequent histological type in Hodgkin's disease with bone involvement, followed by mixed cellular type. For these reasons, immunohistochemical analysis should be performed to eliminate other diagnostic possibilities and to confirm the diagnosis of bone-involving Hodgkin's disease<sup>5</sup>.

Whenever malignant lymphoid cell infiltration is determined in bone, it is important to decide whether this infiltration is primary or secondary. Primary lymphoma of bone is extremely rare. It constitutes 3-8% of primary malignant bone tumors. Most of the

primary bone lymphomas are non-Hodgkin's lymphomas; primary Hodgkin's disease of bone is seldom encountered<sup>1,5</sup>. In the reviewed literature, only seven cases had been reported as primary osseous Hodgkin's disease<sup>1,2,7</sup>. Four of these cases had been reported before 1970<sup>1</sup>. Therefore, the diagnosis of these cases should be cautiously regarded due to inadequate clinical evaluation and staging procedures in the past. No organ or lymph node involvement within six months from initial diagnosis must be determined for the diagnosis of "primary osseous Hodgkin's disease"<sup>1</sup>.

As the chemotherapy in Hodgkin's disease with bone involvement has an important effect on the prognosis, survival is better than expected<sup>1,5</sup>.

Here, we report Hodgkin's disease presenting with bone involvement in a 14-year-old boy who had pain complaint in his left hip region for two months. In the preoperative period, the case was interpreted as primary bone tumor based on clinical and radiological evaluation. Intraoperative frozen study of iliac bone biopsy was not diagnostic. The diagnosis could be reached by histopathological investigation of pelvic and para-aortic lymph nodes. In the histopathological examination, nodular sclerosis type Hodgkin's disease was determined in our case. Radiological bone lesions of Hodgkin's disease are mostly lytic in character but they may also be sclerotic or mixed. Radiological findings of bone lesions were mixed in our case. Therefore, Hodgkin's disease should be remembered in the differential diagnosis of lytic lesions involving especially vertebrae and pelvic bones.

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